

Portfolio Ingredients + Allergens April 4, 2020

Menu Item	Portion	Ingredients	Allergens
Saturday, Apr 04, 2020			
BREAKFAST			
Omelet Bar	1 each	BB Spinach Port [Spinach], Liquid Eggs (Whole Egg, Citric Acid.), Slow Roasted Tomato-2019 [Tomato, Thyme, Olive Pomace Oil, Salt, Garlic], Roasted Mushrooms [Button Mushrooms, Canola Oil, Granulated Garlic, Salt, Black Pepper], Broccoli Florets, Black Forest Ham (Ham, Caramel Color Added, Cured With Water, Salt, Sugar, Vinegar, Corn Syrup, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite.), Canola Pan Coating Spray (Canola Oil, Phosphated Mono & Diglycerides, Propellant.)	CONTAINS: Egg
Tofu Scramble	1 serving	Tofu (Water, Soybeans, Calcium Sulfate, Calcium Chloride), Canola Oil, Turmeric	CONTAINS: Soy
Homefries	10 pounds	Diced Potatoes (Potatoes, Dextrose, Disodium Pyrophosphate (Added to Maintain Color), Potassium Sorbate (Added to Maintain Freshness).), Diced Onions, Margarine (Vegetable Oil Blend (Soybean Oil, Palm Oil, Palm Kernel Oil), Water, Salt, Soybean Lecithin and Vegetable Mono and Diglycerides. Potassium Sorbate and Citric Acid Added as Preservatives. Colored With Beta Carotene. Artificial Butter Flavor. Vitamin a Palmitate Added.), Homefry Seasoning Portfolio [Celery Salt, Salt, Granulated Garlic, Black Pepper]	CONTAINS: Soy
Sausage Link	5 pounds	Pork Sausage Link (Pork, Water, Maple Sugar, Salt, Spices, Dextrose, Maple Flavor (Carmelized Sugar Syrup, Flavorings, Maple Syrup, Brown Sugar)", Sugar.)	
Bacon	5 pounds	Smoked Bacon (Pork Cured with: Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite.)	

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LUNCH SPECIALS			
Grilled Ham and Cheese Croissant	1 each	Butter Croissant (Wheat Flour, Butter (Cream), Water, Yeast, Sugar, Eggs, Salt, Wheat Gluten, Ascorbic Acid, Enzymes. Made in a facility that processes Almonds, Hazelnuts, Sesame Seeds, Soy.), Ham, Sliced - Met [Ham (Pork Cured With Water, Salt, Dextrose, Contains 1.5% or Less of Potassium Lactate, Sodium Lactate, Sodium Phosphates, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite.)], Cheese, swiss - Met [Swiss Cheese (Swiss Cheese (Pasteurized Part-Skim Milk, Cheese Culture, Salt, Enzymes).)], Margarine, No Salt (Palm Oil, Water, Soybean Oil, Contains Less Than 2% Of Soy Lecithin, Vegetable Mono & Diglycerides, Potassium Sorbate (A Preservative), Citric Acid, Natural & Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate Added.)	CONTAINS: Egg, Milk, Soy, Wheat
Sweet Chili Roasted Cauliflower Wrap	1 sandwich	Spinach Wrap (Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Shortening (Interesterified Soybean Oil, Hydrogenated Soybean Oil), Spinach Powder, Calcium Propionate (a Preservative), Salt, Sodium Acid Pyrophosphate, Mono & Diglycerides, Rice Flour, Sugar, Sodium Bicarbonate, Fumaric Acid, Potassium Sorbate (a Preservative), Cmc Gum, Enzymes, L-cysteine, Sodium Metabisulfite.), Pickled Red Onion [Diced Red Onions, Red Wine Vinegar, Extra Fine Granulated Sugar (Cane Sugar), Water, Kosher Salt], Baby Kale, Tahini Hummus (Fresh Steamed Chickpeas, Sunflower Oil, Olive Oil, Sesame Tahini, Water, Sea Salt, Citric Acid, Roasted Garlic, Guar Gum, Cumin.), Cauliflower, Thai Sweet Chili Sauce (Sugar, Water, Chili, Vinegar, Garlic, Salt, Guar Gum, Citric Acid.), Kosher Salt, Olive Pomace Oil (Blend of Refined Oil of Olive Pomace and Extra Virgin Olive Oil.), Chipotle Chili Powder (Dried Chipotle Chiles.)	CONTAINS: Soy, Wheat

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DINNER SPECIALS			
Cod Vera Cruz	4 ounces	Cod Fish, Diced Tomatoes (Vine-ripened Tomatoes, Tomato Juice, Less Than 2% of: Salt, Citric Acid, Calcium Chloride.), Water, Onions, Julienne Red Peppers, Sliced Green Peppers, Garlic, Salt, Canola Oil, Black Pepper, Ground Cloves, Spice,Bay Leaves,Dried,Whole	CONTAINS: Cod
Green Bean Salad with Toasted Cumin Vinaigrette	3 ounces	Fresh Green Beans, Pickled Red Onion [Diced Red Onions, Red Wine Vinegar, Extra Fine Granulated Sugar (Cane Sugar), Water, Salt], Vinaigrette, Jalapeno-Lime [Olive Pomace Oil, Lime Juice, Caramalized Onions [Spanish Onions, Olive Pomace Oil, Salt, Black Pepper], Honey, Rice Wine Vinegar (Rice Wine Vinegar, Sugar, Salt, Potassium Metabisulfite (As A Preservative).), Jalapeno Peppers, Garlic, Salt, Cilantro], Radish, Cilantro, Salt	
Roasted Red Potatoes	4 ounces	Red Bliss Potatoes, Canola Oil, Garlic, Salt, Black Pepper, Parsley	
Braised Chickpea + Roasted Shitake Cacciatore	4 ounces	Chick Peas (Prepared Garbanzo Beans, Water, Salt, Calcium Chloride (Firming Agent), Disodium EDTA for Color Retention.), Roasted Cherry Tomatoes - Met [Fresh Grape Tomatoes, Olive Pomace Oil (Blend of Refined Oil of Olive Pomace and Extra Virgin Olive Oil.), Garlic, Kosher Salt, Thyme], Water, Chardonnay White Wine, Shhitake Mushrooms, Julienne Yellow Peppers, Julienne Red Peppers, Fresh Tomatoes, Onions, Garlic, Mushroom Soup Base (Salt, Sugar, Maltodextrin, Yeast Extract (Contains Barley Gluten), Mushroom Extract, Natural Flavor (Contains Milk), Hydrolyzed Corn Protein, Onion Powder, Food Starch - Modified, Dehydrated Mushrooms, Soybean Oil, Dehydrated Celery, Spices, Garlic Powder, Disodium Inosinate, and Disodium Guanylate.), Gluten Free Vegan Chicken Flavor Base (Salt, Sugar, Maltodextrin, Yeast Extract, Onion Powder, Natural Flavors, Dehydrated Carrot Juice, Beta Carotene Color, Olive Oil, Garlic Powder, And Spices.), Olive Pomace Oil (Blend of Refined Oil of Olive Pomace and Extra Virgin Olive Oil.), Cornstarch, Thyme, Crushed Red Pepper, Spice,Bay Leaves,Dried,Whole	CONTAINS: Milk, Soy
Jasmine Rice	3 ounces	Water, Jasmine Rice	

Portfolio Ingredients + Allergens April 5, 2020

Menu Item	Portion	Ingredients	Allergens
Sunday, Apr 05, 2020			
BREAKFAST			
Omelet Bar	1 each	BB Spinach Port [Spinach], Liquid Eggs (Whole Egg, Citric Acid.), Slow Roasted Tomato-2019 [Tomato, Thyme, Olive Pomace Oil, Salt, Garlic], Roasted Mushrooms [Button Mushrooms, Canola Oil, Granulated Garlic, Salt, Black Pepper], Broccoli Florets, Black Forest Ham (Ham, Caramel Color Added, Cured With Water, Salt, Sugar, Vinegar, Corn Syrup, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite.), Canola Pan Coating Spray (Canola Oil, Phosphated Mono & Diglycerides, Propellant.)	CONTAINS: Egg
Tofu Scramble	1 serving	Tofu (Water, Soybeans, Calcium Sulfate, Calcium Chloride), Canola Oil, Turmeric	CONTAINS: Soy
Homefries	10 pounds	Diced Potatoes (Potatoes, Dextrose, Disodium Pyrophosphate (Added to Maintain Color), Potassium Sorbate (Added to Maintain Freshness).), Diced Onions, Margarine (Vegetable Oil Blend (Soybean Oil, Palm Oil, Palm Kernel Oil), Water, Salt, Soybean Lecithin and Vegetable Mono and Diglycerides. Potassium Sorbate and Citric Acid Added as Preservatives. Colored With Beta Carotene. Artificial Butter Flavor. Vitamin a Palmitate Added.), Homefry Seasoning Portfolio [Celery Salt, Salt, Granulated Garlic, Black Pepper]	CONTAINS: Soy
Sausage Link	5 pounds	Pork Sausage Link (Pork, Water, Maple Sugar, Salt, Spices, Dextrose, Maple Flavor (Carmelized Sugar Syrup, Flavorings, Maple Syrup, Brown Sugar)", Sugar.)	
Bacon	5 pounds	Smoked Bacon (Pork Cured with: Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite.)	

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LUNCH SPECIALS			
Caribbean Coconut Shrimp Salad	3 each	Shrimp,Breaded,Coconut,Butterfly,Frozen,16-20 (Shrimp, Predust (Sugar, Tapioca Starch, Modified Starch (Corn), Wheat Flour, Artificial Flavor, Salt), Battermix (Wheat Flour, Salt, Vegetable Shortening, (Palm, Non-Hydrogenated), Artificial Flavor, Guar Gum, Dextrose, Xanthan Gum, Spice, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Water), Breadcrumb (Coconut Flake, Wheat Flour, Vegetable Shortening (Palm, Non-hydrogenated), Sugar, Salt, Yeast, Soy Flour,)), Sodium Tripolyphosphate (to Retain Moisture).), Baby Kale, Vinaigrette, Mango [Rice Wine Vinegar (Rice Wine Vinegar, Sugar, Salt, Potassium Metabisulfite (As A Preservative).), Lime, Caramalized Onions [Spanish Onions, Olive Pomace Oil, Kosher Salt, Black Pepper], Mango Chutney PROD [Mango Chutney (Pure Cane Sugar, Mangoes, Vinegar, Salt, Ginger Shreds, Chili, Ginger, Garlic.)], Garlic, Canola Oil, Cilantro, Mint, Ginger Puree (Ginger, Phosphoric Acid, Sodium Benzoate, Potassium Sorbate (Preservatives).), Jalapeno Peppers, Kosher Salt], Sweetened Coconut (Desiccated Coconut Processed With Sugar, Water, Propylene Glycol, Salt, Sodium Metabisulfite Added as Preservative.), Tropical Salsa [Mango Bits & Pieces (Frozen Mango), Pineapple, Red Peppers, Chablis Wine, Cilantro, Extra Fine Granulated Sugar (Cane Sugar), Red Onion, Lime Juice, Jalapeno Peppers, Kosher Salt, Garlic, Black Pepper], Pickled Red Onions [Red Onion, Red Wine Vinegar, Water, Extra Fine Granulated Sugar (Cane Sugar), Spice,Pickling,Whl (Cinnamon, Coriander, Mustard Seed, Allspice, Bay Leaves, Ginger, Dill Seed, Clove, Chillies, Black Pepper, Mace, Cardamom, And Sulfiting Agent. Does Not Contain Any US Big 8 Allergens. This Product Does Not Have Any Gluten Ingredients But It Has Not Been Certified To Support Gluten Free Claims.), Kosher Salt], Cilantro	CONTAINS: Coconut, Shrimp, Soy, Wheat

Portfolio Ingredients + Allergens April 5, 2020

Menu Item	Portion	Ingredients	Allergens
Tortellini with Pesto and Roasted Peppers	12 ounces	Cheese Tortellini (Enriched Semolina Flour (Semolina Flour [niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid]), Water, Romano Cheese (Pasteurized Cows and/or Sheep's Milk, Cheese Culture, Sea Salt, Enzymes), Ricotta Cheese (Pasteurized Milk, Pasteurized Whey, Pasteurized Cream, Vinegar, Salt), Cracker Meal (Enriched Wheat Flour [enriched With Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid] Soybean Oil, Salt), Pasteurized Eggs, Parmesan Cheese (Pasteurized Part-Skim Milk, Cheese Culture, Salt, Enzymes), Corn Starch, Salt, Asiago Cheese (Pasteurized Part Skim Cows Milk, Cheese Culture, Salt, Enzymes), Garlic, Spices, Onion, Fontina Cheese (Pasteurized Part Skimmed Milk, Cheese Cultures, Sea Salt, Enzymes), Beta Carotene, Stabilizers (Xanthan Gum, Locust Bean Gum, Guar Gum).), Artichoke Hearts (Quartered Artichoke Hearts, Water, Salt, Citric Acid and Ascorbic Acid.), Roasted Red Peppers [Red Peppers, Canola Oil, Kosher Salt, Black Pepper], Grated Romano Cheese (Romano Cheese: (Pasteurized Sheep's Milk, Cheese Cultures, Salt, Enzymes), Hard Grating Cheese: (Food Starch, Water, Palm Oil, Cellulose, Salt, Lactic Acid, Whey, Sodium Phosphate, Sodium Citrate, Sorbic Acid, Potassium Sorbate (as a Preservative), Artificial Color), Powdered Cellulose Added to Prevent Caking.), Lemon, Nut Free Pesto_PROD [Grated Romano Cheese (Romano Cheese: (Pasteurized Sheep's Milk, Cheese Cultures, Salt, Enzymes), Hard Grating Cheese: (Food Starch, Water, Palm Oil, Cellulose, Salt, Lactic Acid, Whey, Sodium Phosphate, Sodium Citrate, Sorbic Acid, Potassium Sorbate (as a Preservative), Artificial Color), Powdered Cellulose Added to Prevent Caking.), Basil, Lemon Juice (100% Lemon Juice), Olive Pomace Oil (Blend of Refined Oil of Olive Pomace and Extra Virgin Olive Oil.), Garlic]	CONTAINS: Egg, Milk, Wheat

Portfolio Ingredients + Allergens April 5, 2020

Menu Item	Portion	Ingredients	Allergens
DINNER SPECIALS			
Maple Brined Pork Loin	4 ounces	Pork Loin (Pork), Pancake Syrup (Corn Syrup, Water, Artificial Maple Flavor, Salt, Sodium Benzoate, CMC Gum, Potassium Sorbate (Preservative), Caramel Color.), Extra Strong Dijon Mustard (Mustard Seeds, Water, Alcohol Vinegar, White Wine 5% (Sulphites), Salt, Preservative: Sodium Bisulphite.), Kosher Salt, Canola Oil, Maple Brine [Water, Pancake Syrup (Corn Syrup, Water, Artificial Maple Flavor, Salt, Sodium Benzoate, CMC Gum, Potassium Sorbate (Preservative), Caramel Color.), Kosher Salt, Extra Fine Granulated Sugar (Cane Sugar), Spice,Pickling,Whl (Cinnamon, Coriander, Mustard Seed, Allspice, Bay Leaves, Ginger, Dill Seed, Clove, Chillies, Black Pepper, Mace, Cardamom, And Sulfiting Agent. Does Not Contain Any US Big 8 Allergens. This Product Does Not Have Any Gluten Ingredients But It Has Not Been Certified To Support Gluten Free Claims.), Garlic], Chives,Fresh, Black Pepper	
Braised Cabbage	4 oz ladles	Carrots, Green Cabbage, Water, Vegetable Soup Base (Dehydrated Vegetables (Onion, Tomato, Sweet Corn, Carrot, Celery, Pumpkin, Carrot Juice, Bell Pepper, Green Leek and Garlic), Sea Salt, Sugar, Yeast Extract, Canola Oil, Spices, and Extractives of Celery, Onion and Garlic.), Olive Oil, Spice,Pickling,Whl (Cinnamon, Coriander, Mustard Seed, Allspice, Bay Leaves, Ginger, Dill Seed, Clove, Chillies, Black Pepper, Mace, Cardamom, And Sulfiting Agent. Does Not Contain Any US Big 8 Allergens. This Product Does Not Have Any Gluten Ingredients But It Has Not Been Certified To Support Gluten Free Claims.), Kosher Salt	
Mashed Sweet Potatoes	6 ounces	Water, Sweet Potatoes, Unsalted Butter (Cream (Milk), Natural Flavoring.), Heavy Whipping Cream (Heavy Cream, Milk, Contains Less Than 0.5% Of: Mono And Diglycerides, Polysorbate 80, Carrageenan.), Salt, Thyme, White Pepper	CONTAINS: Milk
Pesto Tempeh with Blistered Tomatoes	3 ounces	Tempeh (Cultured Organic Soybeans (Soybeans, Lactic Acid, Plant Sources) Water, Organic Barley, Organic Brown Rice, Organic Millet.), Fresh Grape Tomatoes, Nut-Free Pesto (Fresh Basil, Olive Oil, Imported Romano Cheese, (Past. Sheep Mik, Enzymes, Salt), Fresh Garlic, Water, Spices, Citric Acid.), Olive Pomace Oil (Blend of Refined Oil of Olive Pomace and Extra Virgin Olive Oil.), Garlic, Kosher Salt	CONTAINS: Milk, Soy
Pasta of the Day/Evening	4 ounces	Water, Penne Pasta (Semolina (Wheat), Durum Wheat Flour, Vitamin B3 (Niacin), Iron (Ferrous Sulfate), Vitamin B1 (Thiamine Mononitrate), Vitamin B2 (Riboflavin), Folic Acid.), Canola Oil, Kosher Salt	CONTAINS: Wheat
Portobella Balsamic with Artichokes & Roasted Pepp	4 ounces	Portobello Mushrooms, Artichoke Hearts, Roasted Red Peppers (Bell Peppers, Water, Salt, and Citric Acid), Balsamic Vinegar (Unfermented Grape Must.), Caramelized Onions [Spanish Onions, Olive Pomace Oil (Blend of Refined Oil of Olive Pomace and Extra Virgin Olive Oil.), Kosher Salt, Black Pepper], Canola Oil, Honey, Garlic, Kosher Salt, Black Pepper	

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Menu Item	Portion	Ingredients	Allergens
Monday, Apr 06, 2020			
BREAKFAST			
Tofu Scramble	1 serving	Tofu (Water, Soybeans, Calcium Sulfate, Calcium Chloride), Canola Oil, Turmeric	CONTAINS: Soy
Egg + Cheese on English Muffin	1 each	English Muffin (Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Contains 2% or Less of the Following: High Fructose Corn Syrup, Wheat Gluten, Soybean Oil, Salt, Corn Meal, Vinegar, Corn Sugar, Calcium Propionate (Preservative), Yeast Nutrient (Calcium Sulfate), Dough Conditioner (Calcium Peroxide), Fumaric Acid, Soy Lecithin.), Cage Free Eggs, Sliced Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes.), Salt	CONTAINS: Egg, Milk, Soy, Wheat
Maple Cinnamon Oatmeal	3/4 cup	Water, Whole Grain Oats, Pancake Syrup (Corn Syrup, Water, Artificial Maple Flavor, Salt, Sodium Benzoate, CMC Gum, Potassium Sorbate (Preservative), Caramel Color.), Margarine (Vegetable Oil Blend (Soybean Oil, Palm Oil, Palm Kernel Oil), Water, Salt, Soybean Lecithin and Vegetable Mono and Diglycerides. Potassium Sorbate and Citric Acid Added as Preservatives. Colored With Beta Carotene. Artificial Butter Flavor. Vitamin a Palmitate Added.), Salt, Ground Cinnamon, Ground Nutmeg	CONTAINS: Soy
Banana Pancakes	1 bag	Buttermilk Pancake Mix (Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Yellow Corn Flour, Whey (Milk Protein), Dextrose, Leavening (Sodium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate), Sugar, Soybean Oil, Salt, Soy Flour, Buttermilk, Natural and Artificial Flavors (Contains Milk Derivatives).), Fresh Banana, Canola Pan Coating Spray (Canola Oil, Phosphated Mono & Diglycerides, Propellant.)	CONTAINS: Egg, Milk, Soy, Wheat
Homefries	1/2 cup	Diced Potatoes (Potatoes, Dextrose, Disodium Pyrophosphate (Added to Maintain Color), Potassium Sorbate (Added to Maintain Freshness).), Diced Onions, Margarine (Vegetable Oil Blend (Soybean Oil, Palm Oil, Palm Kernel Oil), Water, Salt, Soybean Lecithin and Vegetable Mono and Diglycerides. Potassium Sorbate and Citric Acid Added as Preservatives. Colored With Beta Carotene. Artificial Butter Flavor. Vitamin a Palmitate Added.), Homefry Seasoning Portfolio [Celery Salt, Salt, Granulated Garlic, Black Pepper]	CONTAINS: Soy
Scrambled Eggs	1/2 cup	Liquid Eggs (Whole Egg, Citric Acid.), Canola Pan Coating Spray (Canola Oil, Phosphated Mono & Diglycerides, Propellant.)	CONTAINS: Egg

Portfolio Ingredients + Allergens April 6, 2020

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LUNCH SPECIALS			
Roasted Winter Squash Salad with Lentils + Pomegranate	12 ounces	Acorn Squash, Lentil Salad Roasted Fennel, Butternut, Cranberry [Water, Roasted Butternut Sq [Butternut Squash, Green Oil-FG [Olive Pomace Oil (Blend of Refined Oil of Olive Pomace and Extra Virgin Olive Oil.), Green Onions, Basil, Parsley, Garlic, Thyme, Kosher Salt, Black Pepper]], French Lentil Beans, Radish, Fennel, Dried Sweetened Cranberries (Cranberries, Sugar.), Lemon Juice (100% Lemon Juice), Gluten Free Vegan Chicken Flavor Base (Salt, Sugar, Maltodextrin, Yeast Extract, Onion Powder, Natural Flavors, Dehydrated Carrot Juice, Beta Carotene Color, Olive Oil, Garlic Powder, And Spices.), Honey, Molasses,Pomegranate, Parsley, Garlic, Mint, Vadouvan French Curry (Salt, Turmeric, Dried Garlic, Dried Onion, Ground Chiles, Marash Chile, Shallots, Sugar, Natural Smoke Essense and Olive Oil, Mustard.)), FF,Baby Kale, Pomegranate, Roasted Shitakes [Shhitake Mushrooms, Olive Pomace Oil (Blend of Refined Oil of Olive Pomace and Extra Virgin Olive Oil.), Kosher Salt], FF,Delicata, Ancho Candied Pumpkin Seeds [Pepitas (Pumpkin Seeds.), Extra Fine Granulated Sugar (Cane Sugar), Cage Free Large Eggs, Kosher Salt, Ancho Chili Pepper (Dried Ancho Chiles.), Smoked Paprika (Paprika, and Silicon Dioxide (Added to Make Free Flowing).)], Vinaigrette, Maple Cider [Olive Pomace Oil (Blend of Refined Oil of Olive Pomace and Extra Virgin Olive Oil.), Pancake Syrup (Corn Syrup, Water, Artificial Maple Flavor, Salt, Sodium Benzoate, CMC Gum, Potassium Sorbate (Preservative), Caramel Color.), Apple Cider Vinegar (100% Pure Apple Cider with 5% Acidity.), Water, Extra Strong Dijon Mustard (Mustard Seeds, Water, Alcohol Vinegar, White Wine 5% (Sulphites), Salt, Preservative: Sodium Bisulphite.), Canola Oil, Kosher Salt, Black Pepper, Thyme]	

Portfolio Ingredients + Allergens April 6, 2020

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Sesame Noodle Salad	5 ounces	Lo Mein Noodles (Bleached Wheat Flour, Water, Wheat Gluten, Salt, Potassium Carbonate, Soybean Oil.), Red Peppers, Carrots, Snap Peas, Broccoli, Green Onions, Radish, Sesame Ginger Vinaigrette [Asian Sesame Salad Dressing (Sugar, Water, Vegetable Oil (Soybean And/or Canola), Soy Sauce (Water, Wheat, Soybeans, Salt), Peach Juice Concentrate, Modified Food Starch, Contains Less Than 2% Of: Salt, Vinegar, Natural Flavor, Sesame Seed, Sesame Oil, Lemon Juice Concentrate, Garlic, Caramel Color, Spices, Guar Gum, Paprika, Calcium Disodium EDTA To Protect Flavor.), Sesame Oil, Orange Juice (Concentrated Orange Juice, Water, Natural Flavors.), Sunflower Spread (Roaster Sunflower Seed, Sugar, Mono- Diglycerides, and Salt.), Rice Wine Vinegar (Rice Wine Vinegar, Sugar, Salt, Potassium Metabisulfite (As A Preservative).), Water, Tamari Gluten Free Soy Sauce (Water, Organic Soybeans, Salt, Organic Alcohol (To Preserve Freshness).), Light Brown Sugar (Sugar, Molasses.), Lime Juice, Chili Paste (Chili, Salt, Distilled Vinegar, Potassium Sorbate and Sodium Bisulfite, as Preservatives and Xanthan Gum.), Sriracha Chili Sauce (Chili, Sugar, Salt, Garlic, Distilled Vinegar, Potassium Sorbate, Contains Sodium Bisulfite as Preservatives, and Xanthan Gum.), Paste, Tahini (Ground Sesame Seeds)], Black Sesame Seeds, White Sesame Seeds (Sesame Seeds)	CONTAINS: Soy, Wheat
Charred Chicken Thighs	4 ounces	Boneless Chicken Breast (Chicken Breasts with Rib Meat.), Olive Pomace Oil, Garlic, Kosher Salt, Dried Oregano, Balsamic Vinegar (Unfermented Grape Must.), Black Pepper	

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DINNER SPECIALS			
Harissa Bavette	6 ounces	Beef Sirloin (Beef), Harissa Paste (Rehydrated Chili 52%; Water; Modified Starch; Salt; Garlic; Coriander; Caraway; Acidity Regulator: Citric Acid.), Garlic, Salt, Canola Oil, Cilantro	
Catalan Romesco	2 ounces	Roasted Red Peppers (Bell Peppers, Water, Salt, and Citric Acid), Caramelized Onions [Spanish Onions, Olive Pomace Oil, Salt, Black Pepper], Sherry Vinegar (Sherry Vinegar, Contains Sulfites), Olive Pomace Oil, Garlic, Water, Honey, Salt, Sriracha Chili Sauce (Chili, Sugar, Salt, Garlic, Distilled Vinegar, Potassium Sorbate, Contains Sodium Bisulfite as Preservatives, and Xanthan Gum.), Smoked Ground Paprika	
Saffron Pumpkin Seed Rice Pilaf	4 ounces	Water, Long Grain Rice (Long Grain Parboiled Rice Enriched With Iron (Ferric Phosphate), Niacin, Thiamine, Mononitrate & Folic Acid.), Pepitas (Pumpkin Seeds.), Chicken Soup Base (Salt, Chicken (Includes Rendered Fat, Cooked Skins & Cooked Meat), Sugar, Monosodium Glutamate, Potato Flour, Onion Powder, Food Starch - Modified, Chicken Flavor (Contains Maltodextrin, Salt, Corn Oil, Chicken Skins, Beef Extract, Ascorbic Acid, Thiamine Hydrochloride), Spices, Turmeric, Natural Flavor (Contains Soybean), Disodium Inosinate And Disodium Guanylate.), Canola Oil, Salt, Saffron, Black Pepper	CONTAINS: Soy
Roasted Carrots	3 ounces	Carrots, Olive Pomace Oil, Parsley, Kosher Salt	

Portfolio Ingredients + Allergens April 6, 2020

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Inspired Indian Sampling	1 plate	<p>Chana Masala [Chick Peas (Prepared Garbanzo Beans, Water, Salt, Calcium Chloride (Firming Agent), Disodium EDTA for Color Retention.), Pureed Tomatoes (Vine Ripened Fresh Tomatoes, Salt and Naturally Derived Citric Acid.), Coconut Milk (Coconut Milk), Diced Onions, Garlic, Tamarind , Ginger Puree (Ginger, Phosphoric Acid, Sodium Benzoate, Potassium Sorbate (Preservatives).), Lime Juice, Garam Masala [Curry Powder (Coriander, Fenugreek, Turmeric, Cumin, Black Pepper, Bay Leaves, Celery Seed, Nutmeg, Cloves, Onion, Red Pepper, and Ginger.), Ground Cumin, Black Pepper, Cardamom, Ground Nutmeg, Ground Cinnamon, Ground Cloves, Ground Coriander], Vegetable Soup Base (Dehydrated Vegetables (Onion, Tomato, Sweet Corn, Carrot, Celery, Pumpkin, Carrot Juice, Bell Pepper, Green Leek and Garlic), Sea Salt, Sugar, Yeast Extract, Canola Oil, Spices, and Extractives of Celery, Onion and Garlic.), Chili Paste (Chili, Salt, Distilled Vinegar, Potassium Sorbate and Sodium Bisulfite, as Preservatives and Xanthan Gum.), Jalapeno Peppers, Curry Powder (Coriander, Fenugreek, Turmeric, Cumin, Black Pepper, Bay Leaves, Celery Seed, Nutmeg, Cloves, Onion, Red Pepper, and Ginger.), Ground Cumin, Black Pepper, Turmeric, Cardamom, Ground Nutmeg, Ground Cinnamon, Ground Cloves, Cilantro, Ground Coriander], Indian Cauliflower [Cauliflower, Idaho Potatoes, Peeled Tomatoes (Vine-Ripened Fresh Tomatoes, Salt, Calcium Chloride and Naturally Derived Citric Acid.), Frozen Spinach, Kosher Salt, Canola Oil, Ground Cumin, Garlic, Cilantro, Ginger Puree (Ginger, Phosphoric Acid, Sodium Benzoate, Potassium Sorbate (Preservatives).), Turmeric, Hungarian Paprika, Garam Masala (Spices, Turmeric, Canola Oil.)], Water, Basmati Rice (White Basmati Rice), Mango Chutney (Pure Cane Sugar, Mangoes, Vinegar, Salt, Ginger Shreds, Chili, Ginger, Garlic.), Bread,Naan (Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Enzyme, Ascorbic Acid as Dough Conditioner, Thiamine Mononitrate, Riboflavin, Enzyme, Folic Acid), Buttermilk (Skim Milk, Dry Buttermilk, Bacterial Culture), Water, Soybean and/or Canola Oil, Roasted Garlic, Cultured Wheat Flour, Eggs, Sugar, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Cornstarch, Monocalcium Phosphate), Sea Salt, Ghee (Clarified Butter), Wheat Gluten, Cilantro, Dextrose, Dextrin, Vegetable Fiber, Yeast. Contains Wheat, Milk and Eggs. May Contain Soy and Sesame Seeds.), Yogurt Sauce-PROD [Cucumber, Plain Nonfat Yogurt (Pasteurized Grade a Nonfat Milk. Contains Less Than 2% of: Corn Starch, Kosher Gelatin, Pectin, Yogurt Cultures (L. Bulgaricus, S.thermophilus, L. Acidophilus), Vitamin a Acetate, Vitamin D3.), Lemon Juice (100% Lemon Juice), Kosher Salt, Garlic, Mint], Mint Chutney [Cilantro, Water, Mint, Lemon Juice (100% Lemon Juice), Kosher Salt, Jalapeno Peppers, Garlic, Ginger Puree (Ginger, Phosphoric Acid, Sodium Benzoate, Potassium Sorbate (Preservatives).), Ground Cumin], Cilantro</p>	CONTAINS: Coconut, Egg, Milk, Soy, Wheat